

## **DONA ANA COUNTY**

Sunrise  
824-0060 ext 4007

Sunland Park  
Phone: 528-9933

Chaparral  
Phone: 339-3043

## **OTERO COUNTY**

Alamogordo  
Phone: 434-6313

La Luz  
Phone: 437-4485

Tularosa  
Phone: 585-4818

## **SIERRA COUNTY**

T or C  
Phone: 202-5627

## **LUNA COUNTY**

Columbus  
Phone: 531-2599

Deming Area Office  
Phone: 546-7414

TLC—Deming  
Phone: 546-9490

Deming Center  
Phone: 546-4339

Family Resource Center  
Phone: 544-8312

McPherson  
Phone: 544-2992

Rainbow  
Phone: 544-3821

## **HIDALGO COUNTY**

Animas Home-Based  
Phone: 548-2795

Lordsburg  
Phone: 542-9678

505 S. Main Street  
Las Cruces, New Mexico

Call (575) 523-2411

[helpnm.com](http://helpnm.com)



**HELPNM**

**HEAD START  
& PRE-K  
PROGRAM**



# PROGRAMS/SERVICES

When families thrive, communities thrive. That's why Head Start takes an active role in family life in the communities that we serve. Twice-yearly home visits, monthly parent meetings, and dental and hearing screenings are available, as are referrals for free mental health consultations. Since we believe that parents are a child's first teachers and number-one role models, we also encourage parents to volunteer in the classroom and take an active role in their child's education.

In addition to free preschool, Head Start provides quality assistance and programming for infants, toddlers and pregnant women.

Our staff is trained to work with children with disabilities and nontraditional families, and applications are accepted regardless of race, sex, age, creed, color, national origin, or disability.



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## ABOUT

The Help New Mexico Head Start and Pre-K program is an inclusive program that provides comprehensive services to children and families throughout New Mexico. The holistic approach not only provides quality early childhood education, it assists families with everything from speech and occupational therapy to housing assistance and mental health consultations.

Help-New Mexico, Inc. (HELP-NM) was created and incorporated in 1965, and is governed by a Board of Directors representing sectors including public, business, low-income, Native American, and parents. For the past fifty years, HELP-NM has provided services to over 816,000 individuals and families.